



COLON, STOMACH & LIVER CENTER, LLC | LOUDOUN ENDOSCOPY GROUP

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CLENPIQ Colon Prep: (Do Not Follow the Instructions on the Box)

Diet Information

From midnight the day before your procedure until midnight the day of your procedure (the night before your procedure) you will be on a clear liquid diet only, no solid foods (the entire 24 hour day before your procedure). After midnight on the day of (the night before your procedure) you will remain NPO (nothing by mouth) until after your scheduled procedure.

Prep Instructions: Completed the Day before the Procedure

STEP 1: At 4:00 PM one (1) day before your procedure.

1. Drink the entire first bottle of CLENPIQ, right from the bottle
2. Follow this dose by drinking at least **FIVE** 8 ounce cups of clear liquids, in the cup provided. Drink this within the next 5 hours.
3. After taking the CLENPIQ prep, if you are feeling bloated or your stomach is upset, wait to take your second dose until the feeling subsides.

STEP 2:

At 9:00 PM one (1) day before your procedure, begin drinking the 2nd half of the solution.

1. Drink the entire second bottle of CLENPIQ right from the bottle.
2. Follow the second dose of CLENPIQ by drinking FIVE 8 ounce cups of clear liquids. Drink this in the cup provided within the next 3 hours.

Additional Information

DO NOT refrigerate prep, drink at room temperature.

You must drink the entire prep for the best results. Drinking plenty of water will also help. You can continue to drink clear liquids up until midnight. After midnight, do not eat or drink until after your procedure.

Clear liquids are transparent. Avoid liquids with a red dye. For additional information, including types of diets, please visit www.loudounslcenter.com

If you are having an emergency or do not start having bowel movements, 2 hours after step 2, call (703) 723-3670 to reach the on-call provider.

The day of your procedure:

Do NOT eat anything the day of your procedure. Do NOT drink anything after 12 AM the day of your procedure. If you do, there is a risk of aspiration with the sedation. Therefore, your procedure may be cancelled or delayed. You may resume a normal diet after the procedure.

For additional information, please visit our website, www.loudounslcenter.com.