



# *The Colon, Stomach and Liver Center, LLC*

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## EGD Procedure Instructions

### Transportation Policy

You will be given medications that will make it unsafe for you to drive following your exam. Therefore, you must have someone available to drive you home. A taxi or bus is not an appropriate form of transportation from our facility. However, we offer a list of services at your request.

### Cancellation Policy

If you need to cancel or reschedule your procedure, you must notify us five (5) business days in advance. If you fail to do so, there may be a \$200 fee.

## Instructions

Failure to follow any of the instructions below may result in the cancellation of your procedure. If so, a penalty of \$200 may be applied to your account.

1. \*7 days prior to the exam, stop taking iron, fish oil and diet pills. Do not take any blood thinners such as Aspirin, Ibuprofen, Advil, Motrin and Aleve. If you are taking any blood thinners, please notify us. These may need to be temporarily stopped before your procedure. Tylenol is allowed.
2. \*If you take medications in the morning, it is okay to take them at least 4 hours prior to your procedure. Please consume a tiny amount of water just to get the pills down. We encourage our patients to take their medication in the morning, especially blood pressure pills.
3. \*If you have asthma and/or sleep apnea, please bring your inhaler and/or CPAP machine with you to the procedure.
4. If you are scheduled at a location other than the Loudoun Endoscopy Group, anesthesia guidelines from the other facility may require you to have lab work and an EKG performed prior to the procedure. If so, you would have received additional instructions.
5. Several days before your procedure, you'll receive a phone call confirming your appointment and a review of your insurance benefits. If you do not receive a phone call, please call our office to verify your appointment.
6. \*After midnight the night before your procedure, do not eat or drink anything.

### \*The Day of the Procedure:

Do Not Eat or Drink Anything. If You Do, There is A Risk of Aspiration with the Sedation. Therefore, Your Procedure May Be Canceled or Delayed. You May Resume a Normal Diet After the Procedure.

For additional information, please visit [www.loudouncslcenter.com](http://www.loudouncslcenter.com). Follow the "Contact Us" tab to submit any questions; or contact our Procedure Scheduler at extension 206.